

100MC Deutschland, Top 5, 2025, Rangliste

Jörg Chittka, 21. Januar 2026

Top 5

Platz	m	w	Vorname	Name	Ort	Jg	Nat	Nr	St	Av
1	1		Sascha	Dehling	Berlin	1977	GER	526		2:50:10 2:53:16 2:53:20 2:53:28 2:53:36 2:52:46
2	2		Ralf	Loeber	Bornheim	1977	GER	414		3:03:58 3:04:34 3:07:03 3:09:40 3:13:06 3:07:40
3	3		Jörg	Chittka Dr.	Wietze	1964	GER	451		3:08:21 3:13:12 3:13:32 3:13:51 3:16:06 3:13:00
4	4		Björn	Bünermann	Kirchlengern	1981	GER	692	N	3:12:48 3:19:01 3:20:05 3:20:54 3:21:52 3:18:56
5	5		Jürgen	Klopfer	Stuttgart	1978	GER	578		3:14:34 3:19:29 3:22:47 3:28:29 3:29:46 3:23:01
6	6		Volker	Schmitz	Elmshorn	1972	GER	620		3:17:13 3:18:31 3:26:11 3:26:49 3:27:20 3:23:13
7	7		Sven	Grebe	Niestetal	1969	GER	568		3:11:59 3:18:59 3:26:18 3:28:59 3:30:59 3:23:27
8	8		Rafael	Siems	Fehmarn	1983	GER	625		3:12:12 3:16:15 3:25:09 3:29:28 3:34:49 3:23:35
9	9		Steve	Dolezych	Obernholz	1983	GER	482		3:16:24 3:18:41 3:24:29 3:25:54 3:36:29 3:24:23
10	10		Jörn	Hesse	Freden	1974	GER	488		2:59:24 3:27:27 3:31:10 3:32:39 3:37:37 3:25:39
11	11		Bodo	Abenhardt	Erfstadt	1968	GER	563		3:19:32 3:26:03 3:27:33 3:30:36 3:30:47 3:26:54
12	12		Frank	Danger	Hamburg	1964	GER	521		3:24:51 3:25:49 3:27:35 3:28:24 3:31:52 3:27:42
13	13		Martin	Lehner	Bayreuth	1963	GER	435		3:25:07 3:26:18 3:29:05 3:29:35 3:30:16 3:28:04
14	14		Jobst	von Palombini	Bückeburg	1969	GER	29		3:23:12 3:25:36 3:29:07 3:33:29 3:43:06 3:30:54
15	15		Dieter	Schaab	Augsburg	1973	GER	628		3:27:02 3:27:14 3:30:10 3:36:03 3:36:24 3:31:23
16	16		Jürgen	Bultmann	Asendorf	1961	GER	438		3:28:17 3:30:37 3:32:53 3:35:23 3:40:56 3:33:37
17	17		Alexander	Grosser	Bassum	1977	GER	601		3:16:29 3:18:30 3:43:40 3:44:31 3:45:04 3:33:39
18	18		Christopher	Greenaway	Stuttgart	1974	GER	588		3:22:37 3:29:25 3:29:54 3:43:20 3:43:40 3:33:47
19	1		Rabea	Reinhold	Nordstrand	1991	GER	626		3:28:58 3:36:43 3:36:44 3:39:25 3:43:23 3:37:03
20	19		Andreas	Riedel	Roßleben	1976	GER	472		3:35:18 3:38:20 3:38:41 3:39:52 3:40:42 3:38:35
21	20		Jens	Körner	Leipzig	1972	GER	512		3:31:17 3:37:11 3:41:06 3:42:25 3:43:38 3:39:07
22	21		Werner	Weber	Waiblingen	1962	GER	681	N	3:33:15 3:36:24 3:41:14 3:42:59 3:59:28 3:42:40
23	22		René	Slavik	Kirchheim-Teck	1969	GER	649		3:37:03 3:39:09 3:43:23 3:47:21 3:53:50 3:44:09
24	2		Eva-Maria	Gaszek	Senden	1966	GER	646		3:36:00 3:36:20 3:36:23 3:56:02 4:04:46 3:45:54
25	23		Benedikt	Brockmann	Borgholzhausen	1980	GER	682	N	3:18:09 3:39:48 3:42:16 4:06:14 4:10:37 3:47:25
26	3		Sylke	Kuhn	Kassel	1971	GER	422		3:46:43 3:46:53 3:51:17 3:51:55 3:52:45 3:49:55
27	4		Jessica	Wagner	Kropp	1983	GER	678		3:47:25 3:50:51 3:52:32 3:53:31 4:03:08 3:53:29
28	24		Nico	Swart	Groningen	1977	NED	632		3:42:23 3:54:45 3:57:08 3:58:25 3:58:30 3:54:14
29	25		Sebastian	Krampe	Warendorf	1984	GER	662		3:42:20 3:49:19 3:54:39 4:03:00 4:03:02 3:54:28
30	26		Dirk	Theisges Dr.	Hemer	1965	GER	636		3:50:37 3:53:30 3:54:10 3:54:32 3:59:34 3:54:29
31	27		Udo	Heidemann	Bielefeld	1970	GER	540		3:28:50 3:49:01 3:51:17 4:11:47 4:12:29 3:54:41
32	28		Martin	Eitel	Vaihingen an der Er	1991	GER	667		3:42:23 3:54:59 3:56:15 3:59:43 4:00:09 3:54:42
33	29		Utz	Meyer-Reim Dr.	Hamburg	1961	GER	713	N/A	3:49:29 3:50:34 3:54:32 3:56:47 4:02:30 3:54:46
34	30		Jürgen	Haschen	Kassel	1962	GER	331		3:54:00 3:55:28 3:55:51 3:57:31 3:58:00 3:56:10
35	5		Katrin	Neugebauer	Stadthagen	1986	GER	531		3:47:40 3:55:08 3:56:03 4:01:38 4:04:09 3:56:56
36	31		Hans	Jäger	Meckesheim	1968	GER	444		3:48:05 3:48:35 3:54:45 4:00:29 4:13:47 3:57:08
37	32		Marc	Fischer	Salzgitter	1973	GER	355		3:55:32 3:56:24 3:57:18 3:58:14 4:01:23 3:57:46
38	33		Mario	Sagasser	Henstedt-Ulzburg	1965	GER	172		3:35:31 3:51:35 4:04:32 4:11:09 4:14:42 3:59:30

100MC Deutschland, Top 5, 2025, Rangliste

Jörg Chittka, 21. Januar 2026

Top 5

Platz	m	w	Vorname	Name	Ort	Jg	Nat	Nr	St						Av	
39	34		Michael	Kiene	Northeim	1971	GER	308			3:47:18	3:56:03	3:56:54	4:03:19	4:15:50	3:59:53
40	35		Dirk	Kahlmeyer	Wallenhorst	1966	GER	577			3:54:49	3:56:07	4:04:13	4:04:35	4:11:40	4:02:17
41	36		Ralf	Dembeck	Geestland	1970	GER	518			3:47:19	3:51:56	4:06:55	4:16:42	4:19:56	4:04:34
42	37		Mike	Wingerning	Bothel	1973	GER	695	N		3:56:41	4:04:13	4:04:33	4:09:14	4:10:32	4:05:03
43	38		Klaus	Neumeister	Gladenbach	1959	GER	13			4:00:20	4:02:10	4:08:09	4:09:09	4:14:02	4:06:46
44	39		Wolfgang	Schulz	Barsinghausen	1968	GER	511			3:52:35	3:58:42	4:04:08	4:19:17	4:23:19	4:07:36
45	40		Christoph	Jaekel	Hamburg	1973	GER	467			3:51:35	4:09:48	4:11:09	4:12:55	4:14:23	4:07:58
46	41		Jürgen	Clausen	Nübel	1962	GER	374			3:48:36	3:57:49	4:15:21	4:17:46	4:25:40	4:09:02
47	42		Sven	Sonnenberg	Hemmingstedt	1967	GER	656			4:04:14	4:06:36	4:09:54	4:12:09	4:14:08	4:09:24
48	43		Bennie	De Vries	Stadskanaal	1965	NED	466			3:52:24	3:56:14	4:12:45	4:21:15	4:25:16	4:09:35
49	44		Jörg	Bartz	Kremmen	1963	GER	566			3:56:59	4:09:59	4:10:59	4:13:59	4:18:59	4:10:11
50	45		Michael	Scheele	Essen	1976	GER	602			3:59:24	3:59:28	4:08:37	4:21:22	4:26:05	4:10:59
51	46		Carsten	Nuhn	Bremen	1968	GER	623			3:50:12	3:53:32	3:59:35	4:35:29	4:44:28	4:12:39
52		6	Christiane	Küttner	Köln	1967	GER	654			4:12:19	4:14:00	4:14:01	4:16:00	4:17:49	4:14:50
53	47		Michael	Kofferschläger	Wegberg	1978	GER	706	N		4:10:14	4:11:11	4:14:19	4:14:19	4:27:38	4:15:32
54	48		Frank	Tabbert	Aurich	1965	GER	711	N		3:58:20	4:12:04	4:15:31	4:23:48	4:30:10	4:15:59
55	49		Harald	Bootz	Hamburg	1974	GER	677			3:54:52	4:14:28	4:18:36	4:28:28	4:28:51	4:17:03
56	50		Axel	Zachau	Viersen	1974	GER	558			4:06:44	4:08:05	4:18:42	4:20:18	4:34:57	4:17:45
57	51		Hanno	Höper	Lensahn	1960	GER	387			3:57:31	4:13:02	4:13:28	4:26:58	4:38:36	4:17:55
58	52		Thorsten	Stohldreier	Hamburg	1971	GER	390			3:57:06	4:13:55	4:25:00	4:25:59	4:27:51	4:17:58
59	53		Thomas	Redeker	Bielefeld	1968	GER	690	N		4:10:37	4:14:46	4:21:31	4:22:05	4:22:29	4:18:18
60	54		Lutz	Messerschmidt	Magdeburg	1962	GER	575			4:12:25	4:13:23	4:16:20	4:17:16	4:34:31	4:18:47
61	55		Frank	Dieter	Bad Soden Salmü.	1964	GER	579			4:11:33	4:15:45	4:21:18	4:21:49	4:25:14	4:19:08
62	56		Ulrich	Niehuß	Hamburg	1969	GER	289			4:10:19	4:16:29	4:21:04	4:24:19	4:31:16	4:20:41
63		7	Iris	Lenhard	Sulzbach	1966	GER	686	N		4:08:57	4:11:22	4:16:44	4:25:44	4:45:29	4:21:39
64	57		Holger	Deifuß Dr.	Ascheberg	1968	GER	541			4:20:10	4:16:54	4:21:51	4:24:24	4:26:27	4:21:57
65	58		Raik	Eckstein	Pulheim	1974	GER	679			3:59:07	4:19:24	4:26:54	4:29:00	4:36:25	4:22:10
66	59		Johan	Wander	Nagele	1960	NED	648			4:14:32	4:21:46	4:21:54	4:26:11	4:26:40	4:22:13
67	60		Wolfgang	Bernath	Waldbreitbach	1959	GER	395			4:12:08	4:24:04	4:24:48	4:26:01	4:26:01	4:22:36
68	61		Pater Tobias	Breer	Duisburg	1963	GER	534			4:18:03	4:21:36	4:22:58	4:23:49	4:26:45	4:22:38
69	62		Alexander	Hahn	Lensahn	1970	GER	524			3:57:44	4:25:53	4:26:10	4:27:35	4:36:24	4:22:45
70	63		Thomas	Pielke	Hamburg	1963	GER	361			4:12:59	4:24:11	4:25:14	4:27:11	4:29:31	4:23:49
71	64		Matthias	Sachse	Berlin	1964	GER	384			4:05:44	4:28:54	4:28:57	4:28:58	4:29:21	4:24:23
72	65		Kai	Pluschkat	Bad Fallingbostal	1974	GER	659			4:23:26	4:25:25	4:26:00	4:26:04	4:27:34	4:25:42
73	66		Frank	Lorenzen	Flensburg	1973	GER	608			4:05:40	4:21:10	4:26:51	4:35:56	4:38:56	4:25:43
74	67		Gernot	Lang	Bad Hersfeld	1966	GER	665			3:58:42	4:18:11	4:27:43	4:41:28	4:43:27	4:25:54
75	68		Rob	Froonhoff	Amersfoort	1966	NED	119			4:21:02	4:25:06	4:25:27	4:26:22	4:32:49	4:26:09
76	69		Erik	Spatz	Hamburg	1970	GER	505			4:03:52	4:23:18	4:25:59	4:40:00	4:52:49	4:29:12

Top 5

Platz	m	w	Vorname	Name	Ort	Jg	Nat	Nr	St	Av
77	70		Reinhold	Schwalb	Antrifftal	1963	GER	712	N	4:14:59 4:15:48 4:29:48 4:42:58 4:44:29 4:29:36
78	71		Andreas	Giersberg	Bochum	1965	GER	359		4:12:32 4:27:00 4:34:28 4:35:48 4:41:06 4:30:11
79	72		Tom	Köhler	Steinfurt	1970	GER	507		3:59:58 4:28:45 4:36:25 4:43:07 4:45:15 4:30:42
80	73		Wolfgang	Ratsch	Walsrode	1951	GER	684	N	4:11:19 4:18:42 4:25:55 4:36:14 5:01:56 4:30:49
81		8	Birgit	Graupner	Neumünster	1967	GER	666		4:26:44 4:30:10 4:31:10 4:33:54 4:34:58 4:31:23
82	74		Roland	Krauss	Kammerstein	1962	GER	408		4:24:02 4:29:23 4:32:43 4:36:28 4:38:44 4:32:16
83		9	Nicole	Sasse	Bad Münde	1975	GER	631		4:15:50 4:26:35 4:40:02 4:40:21 4:41:33 4:32:52
84	75		Andreas	Bettingen	München	1965	GER	549		4:28:10 4:28:35 4:35:07 4:38:37 4:39:25 4:33:59
85	76		Burkhard	Lachmann	Wehretal	1962	GER	604		4:24:13 4:37:04 4:38:07 4:38:30 4:39:39 4:35:31
86	77		Jörg	Lüdtke	Hamburg	1965	GER	559		4:28:59 4:30:30 4:31:58 4:44:24 4:46:02 4:36:23
87	78		Mukir	Gluhic	Hamburg	1965	BIH	560		4:29:29 4:30:02 4:31:23 4:44:49 4:49:09 4:36:58
88	79		Jan	Seebode	Lindhorst	1972	GER	589		4:11:30 4:29:30 4:46:43 4:50:42 4:55:24 4:38:46
89	80		Thomas	Mitterer	Hürth	1971	GER	641		4:24:37 4:40:28 4:42:53 4:43:43 4:44:04 4:39:09
90	81		Tobias	Knaack	Hamburg	1975	GER	590		4:21:44 4:26:03 4:32:33 4:46:08 5:09:23 4:39:10
91	82		Stefan	Hantscher	Suhl-Heinrichs	1970	GER	492		4:28:37 4:39:11 4:40:58 4:43:20 4:45:45 4:39:34
92	83		Joachim	Kortyka	Speyer	1955	GER	287		4:26:40 4:33:29 4:45:53 4:47:55 4:48:11 4:40:26
93	84		Thorsten	Grandt	Munkbrarup	1980	GER	663		4:31:38 4:41:12 4:41:45 4:42:38 4:47:09 4:40:52
94	85		Markus	Pitz	Bad Driburg	1969	GER	406		4:33:23 4:36:58 4:38:47 4:46:13 4:50:47 4:41:14
95	86		Detlef	Korloth	Bad Salzuflen	1948	GER	546		4:17:58 4:38:11 4:40:09 4:49:25 5:02:03 4:41:33
96	87		Lars	Koppmann	Leopoldshöhe	1969	GER	629		3:35:58 4:26:28 4:57:29 5:08:55 5:19:09 4:41:36
97		10	Petra	Niemeyer	Frankfurt/Main	1970	GER	635		4:35:56 4:43:12 4:43:28 4:44:24 4:44:29 4:42:18
98		11	Judith	Baumann	Jockgrim	1972	GER	536		4:29:43 4:33:38 4:39:03 4:54:26 4:56:10 4:42:36
99	88		Michael	Menzhausen	Bielefeld	1956	GER	614		4:16:03 4:28:51 4:46:50 4:48:47 5:14:39 4:43:02
100	89		Markus	Ehrlich	Osnabrück	1970	GER	703	N/A	4:35:58 4:36:46 4:41:00 4:48:12 4:55:19 4:43:27
101	90		Stefan	Hinrichsen	Koldenbüttel	1969	GER	661		4:27:00 4:37:29 4:49:31 4:50:45 4:52:41 4:43:29
102		12	Tanja	Meimann	Sassenberg	1972	GER	683	N	4:28:24 4:42:22 4:43:59 4:52:32 4:52:33 4:43:58
103	91		Andreas	Treiber	Heidelberg	1960	GER	530		4:00:36 4:47:45 4:56:29 4:57:42 4:59:36 4:44:26
104	92		Reinhold	Krause	Stuttgart	1957	GER	605		4:36:41 4:38:48 4:47:10 4:47:58 4:54:28 4:45:01
105	93		Manfred	Gaudi	Bergen	1960	GER	277		4:34:44 4:38:02 4:48:11 4:52:52 4:53:08 4:45:23
106		13	Judith	Strack	München	1959	GER	548		4:42:24 4:44:01 4:45:09 4:46:55 4:49:12 4:45:32
107	94		Martin	Kühne	Cuxhaven	1968	GER	572		4:30:18 4:42:01 4:45:30 4:51:36 4:58:58 4:45:41
108	95		Marc	Hoppe	Reinheim	1979	GER	688	N	4:10:38 4:45:53 4:47:22 4:59:36 5:12:46 4:47:15
109	96		Wolfgang	Möck	Linkenheim	1957	GER	207		4:18:09 4:34:35 5:00:57 5:01:47 5:04:55 4:48:05
110	97		Heiko	von der Ahé	Langenhagen	1972	GER	583		4:39:49 4:44:30 4:49:43 4:54:00 4:55:19 4:48:40
111	98		Jens	Hunhold	Rathenow	1968	GER	367		4:39:44 4:40:43 4:47:25 4:58:30 4:59:56 4:49:16
112	99		Dirk	Schreiber	Hamburg	1970	GER	640		4:14:38 4:39:53 4:43:06 5:12:05 5:17:05 4:49:21
113	100		Dirk	Nolte	Hannover	1982	GER	449		4:27:58 4:41:58 4:51:14 4:57:32 5:10:20 4:49:48
114	101		Arne	Franck	Kaltenkirchen	1962	GER	175		4:37:01 4:39:00 4:48:47 5:04:00 5:05:05 4:50:47

100MC Deutschland, Top 5, 2025, Rangliste

Jörg Chittka, 21. Januar 2026

Top 5

Platz	m	w	Vorname	Name	Ort	Jg	Nat	Nr	St	Av
115	102		Robert	Pöttger	Remshalden	1960	GER	392		4:22:26 4:42:17 4:54:42 5:05:34 5:08:55 4:50:47
116	103		Bernd	Hadeler	Bremervörde	1967	GER	619		4:39:22 4:46:34 4:47:51 4:54:04 5:09:07 4:51:24
117	104		Klaus	Mantel	Fellbach	1963	GER	480		4:38:54 4:49:24 4:54:17 4:55:58 4:58:56 4:51:30
118	14	Vera	Thomas	Bad Rappenau	1960	GER	675			4:42:59 4:49:59 4:50:59 4:57:59 4:58:59 4:52:11
119	105	Jan	Kuhlmann Dr.	Geestland	1969	GER	582			4:48:59 4:49:59 4:55:59 4:56:59 4:49:59 4:52:23
120	106	Robert	Boyde-Wolke	Zeuthen	1974	GER	545			4:35:01 4:50:12 4:55:46 5:01:08 5:01:23 4:52:42
121	107	Antonio	Salvatore	Campobasso (CB)	1954	ITA	653			4:46:59 4:51:59 4:55:59 4:57:59 4:57:59 4:54:11
122	15	Dorota	Hinz	Eckernförde	1971	GER	486			4:47:38 4:48:44 4:56:06 5:01:56 5:02:50 4:55:27
123	108	Manfred	Steckel	Köln	1955	GER	385			4:51:37 4:55:03 4:57:41 4:57:58 4:58:50 4:56:14
124	16	Katja	Pfenningschmidt-	Bielefeld	1973	GER	674			4:49:15 4:55:23 4:58:11 4:59:29 4:59:36 4:56:23
125	17	Beate	Gröhn	Kaltenkirchen	1962	GER	346			4:35:09 4:45:18 4:51:58 5:04:25 5:25:18 4:56:26
126	109	Manfred	Opl	Kassel	1957	GER	556			4:25:15 4:46:05 4:59:53 5:18:02 5:19:55 4:57:50
127	110	Günter	Petri	Berlin	1957	GER	597			4:53:20 4:54:17 4:58:24 5:00:00 5:05:48 4:58:22
128	111	Manfred	Westermann	Hannover	1949	GER	616			4:33:03 4:58:55 5:01:41 5:10:18 5:10:37 4:58:55
129	112	Michael	Rothmund	Stuttgart	1981	GER	714	N		4:24:59 4:31:59 5:05:59 5:25:59 5:25:59 4:58:59
130	113	Joachim	Risch	Köln	1955	GER	360			4:48:37 4:53:59 4:58:56 5:07:05 5:07:25 4:59:12
131	114	Norbert	Fender	Rutesheim	1959	GER	336			4:48:36 4:49:51 4:56:48 5:06:42 5:14:13 4:59:14
132	115	Michael	Bieler	Berlin	1978	GER	502			4:47:12 4:49:04 4:59:22 5:06:57 5:15:08 4:59:33
133	116	Peter	Martin	Bad Hersfeld	1965	GER	523			4:54:04 4:58:13 4:58:46 4:59:56 5:07:36 4:59:43
134	117	Holger	Sawilla	Berne	1971	GER	553			4:46:31 4:47:26 4:53:51 5:12:31 5:18:31 4:59:46
135	118	Wolfgang	Gickler Dr.	Lahnstein	1959	GER	490			4:52:17 4:57:51 4:59:58 5:03:06 5:06:13 4:59:53
136	119	Jens	Schlosser	Bennewitz	1961	GER	430			4:54:01 4:54:56 4:56:12 5:08:11 5:10:37 5:00:47
137	120	Ralph	Benkert	Würzburg	1970	GER	689	N		4:41:35 4:53:03 5:01:42 5:08:15 5:23:28 5:01:37
138	121	Stephan	Barz	Neu Wulmstorf	1965	GER	571			4:51:48 4:55:53 5:02:14 5:03:40 5:14:47 5:01:40
139	122	Volker	Dörr	Harthausen	1957	GER	574			4:28:26 4:40:34 4:57:23 5:12:59 5:52:27 5:02:22
140	123	Wojciech Piotr	Mehl	Stockelsdorf	1951	GER	450			4:57:15 5:00:53 5:01:07 5:06:18 5:09:34 5:03:01
141	124	Jörg	Theelen	Nettetal	1966	GER	672			4:51:18 4:56:56 5:07:17 5:11:45 5:12:41 5:03:59
142	125	Ingo	Kloss	Bremen	1970	GER	513			4:35:42 4:38:16 4:48:24 5:41:58 5:42:53 5:05:27
143	18	Jenny	Engler	Münster	1974	GER	611			4:21:21 5:10:18 5:15:11 5:16:03 5:27:04 5:05:59
144	126	Klaus	Neumann	Stuttgart	1952	GER	53			4:55:05 4:57:21 5:13:04 5:13:16 5:14:32 5:06:40
145	19	Martina	Pahmeyer	Bünde	1967	GER	587			4:58:21 4:58:32 5:08:55 5:08:55 5:19:09 5:06:46
146	20	Janina	Rauhut	Berlin	1982	GER	693	N		4:53:50 4:55:13 5:08:04 5:14:10 5:28:52 5:08:02
147	21	Herta	de Buhr	Neukamperfehn	1960	GER	657			4:13:06 4:30:33 5:26:46 5:40:47 5:49:13 5:08:05
148	22	Jana	Bieler	Berlin	1979	GER	501			4:47:29 5:09:27 5:09:39 5:15:13 5:21:13 5:08:36
149	127	Michele	Rizzitelli	Barletta	1946	ITA	116			5:02:21 5:06:00 5:09:10 5:15:59 5:16:30 5:10:00
150	23	Manuela	Lange	Borgentreich	1965	GER	698	N		4:57:59 5:04:28 5:09:59 5:18:28 5:19:59 5:10:11
151	128	Ingmar	Weber	Saarbrücken	1978	GER	704	N		4:06:12 4:44:14 5:29:09 5:30:12 6:02:18 5:10:25
152	129	Ralf	Sweers	Emden	1963	GER	425			4:51:59 5:14:37 5:14:51 5:14:58 5:15:59 5:10:29

100MC Deutschland, Top 5, 2025, Rangliste

Jörg Chittka, 21. Januar 2026

Top 5

Platz	m	w	Vorname	Name	Ort	Jg	Nat	Nr	St	Av
153	130		Thomas	Busse	Bernterode	1965	GER	481		4:57:30 5:02:26 5:08:49 5:19:53 5:31:56 5:12:07
154	131		Karl	Roch	Oberhausen	1963	GER	470		4:43:40 4:43:51 4:43:58 5:58:39 5:59:09 5:13:51
155		24	Madeleine	Hamburger	Rostock	1963	GER	538		4:42:30 5:19:14 5:20:38 5:23:42 5:24:00 5:14:01
156	132		Christoph	Holzapfel	Stuttgart	1961	GER	612		5:04:21 5:15:06 5:16:06 5:17:27 5:19:23 5:14:29
157	133		Thomas	Weissinger	Emden	1966	GER	708	N	5:12:43 5:12:56 5:13:07 5:15:42 5:19:30 5:14:48
158	134		Friedhelm	Tappe	Osnabrück	1957	GER	687	N	5:03:10 5:06:32 5:16:05 5:19:54 5:28:52 5:14:55
159	135		Dirk	Klatt	Montabaur	1959	GER	290		4:58:58 5:10:03 5:10:36 5:27:29 5:29:23 5:15:18
160		25	Irina	Meyer	Osnabrück	1970	GER	585		4:51:10 5:08:45 5:18:02 5:25:46 5:35:38 5:15:52
161	136		Friedrich	Helle	Lage	1964	GER	655		4:56:08 5:00:01 5:09:48 5:33:03 5:40:52 5:15:58
162	137		Wolfgang Peter	Mnich	Odenthal	1962	GER	537		4:54:38 5:03:37 5:23:32 5:27:29 5:30:55 5:16:02
163	138		Ulrich	Heitfeldt	Hohenhameln	1957	GER	440		5:09:37 5:15:25 5:18:56 5:20:07 5:20:23 5:16:54
164	139		Michael	Turzynski	Hannover	1968	GER	10		5:09:25 5:16:59 5:18:29 5:21:15 5:21:29 5:17:31
165	140		Karsten	Krause	Düsseldorf	1972	GER	547		5:02:01 5:12:17 5:17:12 5:24:47 5:32:47 5:17:49
166		26	Tanya	Ostapenko	Landolfshausen	1984	USA	491		4:51:41 5:07:23 5:14:57 5:21:45 5:54:25 5:18:02
167	141		Torsten	Weismann	Breisach	1975	GER	442		4:39:29 5:18:02 5:29:48 5:31:35 5:37:00 5:19:11
168		27	Annamaria	Di Felice	Roma	1957	ITA	643		5:12:37 5:14:52 5:22:59 5:25:59 5:26:59 5:20:41
169	142		Jürgen	Beck	Gelsenkirchen	1953	GER	634		5:13:38 5:18:16 5:23:31 5:27:15 5:27:23 5:22:01
170	143		Michael	Blumenroth	Frankfurt/Main	1964	GER	403		5:14:13 5:19:58 5:23:49 5:28:51 5:29:55 5:23:21
171	144		Danny	Reinhold	Bremen	1975	GER	669		4:47:49 5:23:40 5:26:26 5:33:20 5:47:13 5:23:42
172	145		Arne André	Funke	Berlin	1989	GER	610		4:57:03 5:17:45 5:23:23 5:35:59 5:44:33 5:23:45
173	146		Stefan	Schulz	Osnabrück	1967	GER	710	N	5:04:47 5:22:34 5:33:15 5:34:13 5:40:21 5:27:02
174	147		Rolf	Graubner	Hamburg	1955	GER	375		5:04:32 5:22:02 5:30:26 5:35:35 5:42:43 5:27:04
175		28	Anja	Reddert	Bergisch Gladbach	1975	GER	542		5:12:47 5:20:58 5:24:16 5:37:28 5:40:52 5:27:16
176	148		Gerd	Schremmer	Plauen	1956	GER	363		5:07:59 5:08:59 5:24:59 5:42:59 5:54:59 5:27:59
177	149		Christian	Marti	Zürich	1952	SUI	621		5:18:04 5:22:18 5:30:06 5:32:08 5:38:17 5:28:11
178	150		Udo	Pitsch	Wehringen	1953	GER	642		5:05:29 5:13:29 5:34:58 5:43:58 5:46:04 5:28:48
179		29	Martina	Ramthun	Hamburg	1964	GER	369		5:13:05 5:24:44 5:28:09 5:40:49 5:41:20 5:29:37
180		30	Sara	Kortyka	Speyer	1991	GER	351		5:09:59 5:29:02 5:32:43 5:38:27 5:39:24 5:29:55
181	151		Detlef	Klatt	Leverkusen	1966	GER	439		5:24:16 5:27:49 5:28:14 5:35:28 5:37:45 5:30:42
182	152		Davor	Bendin	Kiel	1971	GER	151		4:58:30 5:11:14 5:45:43 5:54:14 5:56:41 5:33:16
183	153		Michael	Bruns	Bad Dürkheim	1965	GER	702	N	5:15:27 5:29:45 5:38:17 5:41:28 5:44:02 5:33:48
184	154		Georg	Schmauch	Hannover	1964	GER	707	N	5:20:53 5:27:23 5:33:00 5:37:03 5:52:00 5:34:04
185	155		Hans-Joachim	Westphal	Berlin	1957	GER	393		5:13:21 5:15:06 5:45:24 5:52:53 5:55:10 5:36:23
186	156		Frank	Jungclaus	Wedemark	1969	GER	413		4:55:26 5:08:47 5:42:53 6:06:50 6:08:05 5:36:24
187		31	Regine	Dörnte	Kaltenkirchen	1963	GER	399		5:27:43 5:27:54 5:37:21 5:47:00 5:57:01 5:39:24
188		32	Doris	Sagasser	Henstedt-Ulzburg	1968	GER	171	E	5:22:47 5:38:08 5:42:05 5:46:47 5:49:56 5:39:57
189	157		Marcello	Arena	Rom	1957	ITA	680	N	5:23:59 5:25:59 5:46:59 5:49:59 5:52:59 5:39:59
190	158		Winfried	Böttjer	Bremen	1956	GER	358		5:34:10 5:34:47 5:43:23 5:45:16 5:51:06 5:41:44

100MC Deutschland, Top 5, 2025, Rangliste

Jörg Chittka, 21. Januar 2026

Top 5

Platz	m	w	Vorname	Name	Ort	Jg	Nat	Nr	St	Av
191		33	Gabriele	Eisele	Kropp	1963	GER	354		5:12:30 5:36:43 5:50:23 5:54:32 5:55:04 5:41:50
192	159		Andreas	Bremer	Witten	1956	GER	468		5:33:32 5:37:23 5:46:58 5:47:22 5:49:00 5:42:51
193		34	Sylvia	Frühauf	Bramsche	1964	GER	328		5:31:41 5:32:17 5:39:51 5:47:46 6:07:41 5:43:51
194		35	Andrea	Anger	Asbach	1965	GER	668		4:49:59 5:21:59 5:33:59 5:53:59 7:01:59 5:44:23
195	160		René	Huber	Ostrhauderfehn	1966	GER	517		5:17:32 5:26:30 5:52:25 5:54:32 6:12:12 5:44:38
196		36	Ute	Karklis	Steinhagen	1969	GER	567		5:27:23 5:34:10 5:43:11 5:54:44 6:05:35 5:45:01
197		37	Verena	Hajek	Köln	1952	GER	503		5:34:57 5:37:22 5:41:25 5:51:13 6:04:59 5:45:59
198		38	Birgit	Fender	Rutesheim	1963	GER	335		5:23:35 5:42:53 5:44:32 5:50:48 6:11:53 5:46:44
199	161		Markus	Drescher	Borna	1976	GER	697	N	5:11:24 5:28:44 5:44:20 5:45:51 6:48:07 5:47:41
200	162		Mirko	Leffler	Suhl	1970	GER	338		5:33:06 5:47:59 5:49:14 5:51:51 6:02:40 5:48:58
201	163		Ben	Mol	Almere	1949	NED	37		5:40:47 5:46:21 5:50:33 5:54:12 5:57:05 5:49:48
202		39	Angela	Gargano	Barletta	1961	ITA	115		5:40:54 5:54:01 5:54:41 5:55:14 5:58:43 5:52:43
203	164		Wolfgang	Gieler Prof. Dr.	Bad Neuenahr	1960	GER	389		5:46:18 5:52:10 5:53:59 5:55:49 5:56:40 5:52:59
204	165		Hans	Würl	Rödinghausen	1961	GER	320		5:43:25 5:46:23 5:56:33 5:57:29 6:02:18 5:53:14
205	166		Uwe	Klinger	Sindelfingen	1969	GER	508		5:31:59 5:40:01 5:43:59 5:53:31 6:44:59 5:54:54
206		40	Melanie	Schulte	Wolfhagen	1979	GER	664		5:19:04 5:53:42 6:02:31 6:04:49 6:15:30 5:55:07
207	167		Peter	Kellermann	Wentorf	1957	GER	271		5:11:35 5:44:00 6:01:28 6:15:10 6:25:00 5:55:27
208	168		Peter	Kummer	Hamburg	1953	GER	329		5:37:47 5:46:43 6:03:24 6:08:32 6:11:20 5:57:33
209	169		Martin	Traeder	Hamburg	1990	GER	307		5:44:11 5:50:17 5:57:46 6:07:36 6:08:13 5:57:37
210	170		Martin	Törber	Hamburg	1975	GER	485		5:56:31 5:57:00 5:58:19 5:58:26 6:06:05 5:59:16
211	171		Carsten	Koczor	Kreuztal	1972	GER	496		5:43:19 5:54:36 6:00:00 6:00:00 6:19:05 5:59:24
212		41	Maria	Rolfes	Lohne	1954	GER	294		5:32:15 5:54:33 6:00:53 6:11:28 6:27:23 6:01:18
213		42	Carolina	Agabiti	Montecastrilli	1963	ITA	637		5:38:52 5:42:56 5:57:38 6:21:57 6:35:41 6:03:25
214	172		Uwe	Laig	Lengerich	1957	GER	432		5:59:26 6:01:01 6:07:08 6:09:12 6:13:49 6:06:07
215	173		Johann	Spieker	Laar	1939	GER	135		5:43:38 5:57:57 6:13:04 6:13:39 6:25:47 6:06:49
216		43	Monika	Tegge-Walderstei	Norderstedt	1968	GER	477		5:46:36 5:47:06 5:59:39 6:07:19 6:59:30 6:08:02
217		44	Nicole	Woermann-Riedl	Münster	1976	GER	700	N	5:49:32 6:05:58 6:15:41 6:17:05 6:17:41 6:09:11
218	174		Klaus-Peter	Ulmschneider	Ostfildern	1962	GER	202		6:02:31 6:10:25 6:10:45 6:14:57 6:15:10 6:10:46
219		45	Annette	Bruns	Bad Dürkheim	1967	GER	565		6:01:55 6:07:06 6:15:45 6:18:38 6:18:57 6:12:28
220	175		Ulrich	Tomaschewski	Crailsheim	1954	GER	233		5:57:11 6:02:45 6:15:09 6:28:17 6:29:09 6:14:30
221	176		Dirk	Heumann	Gifhorn	1964	GER	709	N	5:44:37 6:15:29 6:15:52 6:28:15 6:30:02 6:14:51
222	177		Hartmut	Feldmann	Uetze	1965	GER	544		6:00:00 6:05:52 6:19:15 6:26:28 6:28:05 6:15:56
223	178		Vito Piero	Ancora	San Vito dei Normai	1953	ITA	127		6:10:59 6:15:59 6:17:59 6:19:59 6:20:59 6:17:11
224	179		Sven	Benkelberg	Achim	1984	GER	701	N	5:57:40 6:17:45 6:23:49 6:24:11 6:29:00 6:18:29
225	180		Peer	Cavaleiro	Viersen	1981	GER	292		5:51:17 6:12:59 6:19:51 6:31:45 6:39:33 6:19:05
226		46	Claudia	Cavaleiro Prof. Dr	Viersen	1970	GER	248		5:51:17 6:12:59 6:19:51 6:31:45 6:39:33 6:19:05
227	181		Gerd	Junker	Wallenhorst	1956	GER	323		5:49:26 6:05:02 6:25:55 6:40:39 6:45:53 6:21:23
228	182		Ettore	Pavirani	Cesenatico	1952	ITA	691	N	6:10:21 6:27:57 6:28:04 6:29:30 6:30:37 6:25:18

100MC Deutschland, Top 5, 2025, Rangliste

Jörg Chittka, 21. Januar 2026

Top 5

Platz	m	w	Vorname	Name	Ort	Jg	Nat	Nr	St						Av
229	183		Gerhard	Loger	Oldenburg	1959	GER	378		5:51:46	6:07:21	6:33:06	6:50:59	6:52:14	6:27:05
230	184		Volkmar	Henke Dr.	Rheine	1944	GER	17		6:23:00	6:23:35	6:26:10	6:29:51	6:32:53	6:27:06
231		47	Inka	Barz	Neu Wulmstorf	1971	GER	532		6:24:41	6:26:37	6:26:55	6:28:28	6:31:54	6:27:43
232	185		Sivabalan	Pandian	Mumbai	1958	IND	457		6:10:17	6:29:55	6:38:29	6:39:15	6:50:10	6:33:37
233	186		Karl-Wolfgang	Baumgarten	Weyhe	1952	GER	196		6:26:39	6:34:34	6:35:05	6:35:55	6:39:21	6:34:19
234	187		Christoph	Wenzel Dr.	Dortmund	1960	GER	44		6:33:03	6:36:02	6:41:08	6:42:01	6:42:05	6:38:52
235		48	Ruth	Jäger	Rodgau	1952	GER	651		6:17:10	6:39:00	6:42:17	6:42:17	6:53:37	6:38:52
236	188		Giuliano	Gennari	Terni	1949	ITA	638		6:21:57	6:28:57	6:45:00	6:49:50	6:50:53	6:39:19
237	189		Martin	Kostrewa	Fröndenberg	1964	GER	671		5:43:47	6:41:17	6:47:51	7:19:59	7:43:59	6:51:23
238	190		Karl-Walter	Decius Dr.	Bünde	1949	GER	357		5:52:54	6:56:50	6:59:03	7:07:30	7:27:17	6:52:43
239	191		Markus	Szarvas	Sonsbeck	1967	GER	424		6:23:47	6:52:42	6:58:40	7:07:57	7:09:39	6:54:33
240		49	Marion	Möhle	Darmstadt	1965	GER	282		6:29:59	6:58:59	7:01:59	7:05:59	7:10:28	6:57:29
241	192		Jürgen	Reuter	Lebach	1966	GER	487		6:48:47	6:58:01	7:00:00	7:02:13	7:09:03	6:59:37
242		50	Nicola	Stelling	Aurich	1967	GER	592		6:52:38	6:45:33	6:51:29	7:28:05	7:32:08	7:05:59
243		51	Eva	Schlüter	Hatzenbühl	1968	GER	274		6:38:29	6:39:18	6:43:33	7:11:45	8:19:08	7:06:27
244	193		Bodo	Makuszies	Winsen/Luhe	1958	GER	160		6:45:00	6:51:54	6:53:40	7:30:04	7:41:08	7:08:21
245	194		Thomas	Radzuweit	Hamburg	1965	GER	124		6:51:54	7:10:10	7:10:46	7:13:49	7:20:28	7:09:25
246	195		Stefan	Bicher	Berlin	1982	GER	276		5:09:48	7:30:58	7:46:23	7:53:50	7:54:23	7:15:04
247		52	Rita	Brämer	Itzehoe	1963	GER	310		7:12:59	7:18:59	7:22:59	7:23:59	7:25:59	7:20:59
248	196		Dieter	Merker	Hamburg	1966	GER	60		7:14:20	7:22:06	7:25:46	7:27:35	7:38:30	7:25:39
249		53	Christine	Schroeder	Hamburg	1958	GER	257		7:18:25	7:27:07	7:31:39	7:31:47	7:36:19	7:29:03
250		54	Erika	Köhn	Tangstedt	1956	GER	272		7:17:28	7:27:38	7:27:50	7:38:27	7:55:03	7:33:17
251		55	Kerstin	Felser Prof. Dr.	Oppenheim	1973	GER	441		6:03:28	6:55:33	7:11:00	8:13:16	9:36:29	7:35:57
252	197		Bernd	Neumann	Vellmar	1951	GER	345		7:38:13	7:45:20	7:45:55	7:47:06	7:50:05	7:45:20
253	198		Werner	Britz	Aurich	1945	GER	226		7:40:58	7:42:30	7:47:10	7:49:30	7:52:59	7:46:37
254		56	Cornelia	Balke	Berlin	1965	GER	356		7:32:00	7:50:00	7:51:00	7:52:00	7:52:00	7:47:24
255		57	Cornelia	Feurich	Hamburg	1955	GER	458		7:54:56	7:55:55	7:57:07	7:57:11	8:00:40	7:57:10
256	199		Dietrich	Eberle	Seevetal	1951	GER	103		7:58:07	8:04:40	8:07:14	8:12:05	8:13:30	8:07:07
257	200		Christian	Hottas	Hamburg	1956	GER	1		8:11:01	8:14:14	8:14:21	8:21:24	8:21:33	8:16:31
258	201		Helmut	Braun	Bielefeld	1951	GER	192		7:47:37	8:15:36	8:38:07	8:40:13	8:42:16	8:24:46
259	202		Klaus-Dieter	Schulze	Kropp	1952	GER	551		8:01:57	8:16:24	8:32:01	8:43:00	9:32:00	8:37:04
260	203		Torsten	Hirschberger	Hannover	1964	GER	125		7:43:59	8:21:59	8:51:59	8:52:59	9:54:59	8:45:11
261	204		Anton	Bulic	Stuttgart	1977	GER	705	N	8:48:00	8:51:00	8:57:00	9:06:00	9:18:00	9:00:00

m – männlich; w – weiblich; Jg – Jahrgang; Nat – Nation (IOC Code); Nr – Mitgliedsnr. 100 MC, St – Status: E – Ehrenmitglied, A – Anwärter,

N – Neumitglied; M – Marathon; U – Ultra; Top 5 – die schnellsten 5 Läufe im Berichtsjahr; Av – Durchschnitt (engl. Average)