

# 2016 ORTA 20 IN 10. ORTA 10 IN 10. MARATHON. HALF MARATHON. 10 KM.



The Orta Marathon series is back! From Saturday 6th through Monday 15th August 2016 there will be the 3rd edition of the classic summer event "10 Marathons in 10 Days" on the enchanting Orta Lake in Gozzano, Province of Novara, Italy. Run and Relax: 10 days of races - but you can decide to run or rest as you wish - on the Orta Lake, our Golden Pond. Lie on the beach, sunbathe and run with the friends of every Sunday in this enchanted and cosy little spot of Piedmont, still unknown to most, with the golden beaches and views that seem to come from a fairy tale around the Isle of San Giulio.

### **This year there are remarkable innovations!**

Firstly, side by side with the traditional 10 Marathons in 10 Days Trophy, we are giving the most daring the chance to run 20 Marathons in 10 Days. This is the first 20 in 10 competition in the world! Champions like Marco Bonfiglio (winner of the Berlin 100 miles and Nove Colli Running), Daniele Alimonti (who ran 50 marathons in 50 days), and Vito Piero Ancora (who, with 900+ is the runner with most marathons ever run in Italy), Rossella Verzelletti (winner Orta 10in10 2015) have already entered the challenge.

Secondly, for those who prefer shorter and faster distances, the Organization has launched the 10 Half-Marathons in 10 days and the 10 10-km in ten days.

Other important changes are the time limit of 8 hours for each of the 10 in 10 marathons, and 6 + 6 hours for the 20 in 10. The start of all the races will be at 8:00 from Lido di Gozzano. For the second marathon of each day of the 20 in 10, will start at 14.00.

Moreover, the organization will provide a full package of guided bus tours, visits and dinners in the afternoon/evening, open to all the runners and their families, so as to relax and enjoy together the unique views, atmosphere and culture of the area.

### **FEES WILL BE AS FOLLOWS:**

10 km:	15 €	10 km in 10 giorni:	100 €
21,085 km:	20 €	21.085 km in 10 giorni:	150 €
42,195 km:	25 €	42.195 km in 10 giorni:	200 €
42,195x2km:	50 €	42.195x2 km in 10 giorni:	400 €



**Mail: [presidente@clubsupermarathon.it](mailto:presidente@clubsupermarathon.it) - [www.orta10in10.com](http://www.orta10in10.com)**

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## REGULATIONS by PF Gino

Mr Paolo Gino, member and President of the Super Marathon Club Italia, organizes a series of 10 consecutive marathons to be run in 10 days on the Orta Lake at Lido di Gozzano, Novara province, from 6th to 15th August. This year there will also be 20 marathons in 10 days, 10 half-marathons and 10 Ten KM in 10 Days. This is a private event, open to everybody, male and female, who must be 18 on race day. There will be separate rankings for men and for women, issued daily for each race.

**START AND FINISH FROM LIDO DI GOZZANO, NOVARA PROVINCE, ITALY Start at 8:00. For the second marathon of each day of the 20 in 10, will start at 14.00.** and will be preceded by a short briefing. No anticipated start will be permitted. No athlete will be allowed to start without a bib number. **Marathon Time limit: 8:00 hours. 2 Daily Marathons Time limit 6:00 + 6:00 hours** **Route:** on 85% asphalt and 15% dirt roads.

**Requirements for entrance:** the event is open to everybody, male and female, who must be 18 on race day. How to enter: send an email to [presidente@clubsupermarathon.it](mailto:presidente@clubsupermarathon.it) (Object: 10in10). information (**mobile: +39 340 4525911**)

**Entrance Fee:** SEE ABOVE. The fee must be paid cash before the start of each race, from 6:30 to 7:30 am; for those who take part in the whole series, payment must be effected in one solution on Day One. The fee includes: health insurance, timing and rankings, refreshments and spongings, medical assistance with ambulance, shuttles for retired athletes, warm showers at Lido di Gozzano, entrance to Lido di Gozzano (deck chairs and sunbeds are not free for use and are to be paid separately), a medal for each marathon, a little trophy for the finishers of all the Race Series. No complimentary kit is included.

**Accommodation:** There will be facilities to give a free place to sleep for those who run the whole series of ten marathons. There are just 20 sites. Need Book Before. No Beds inside:

**ALBERGO VALSESIANA:** Corso XXV Aprile 37, 28024 Gozzano (NO). Tel. +39-0322-94394, Fax +39032294228. Speak with the owner, Mr Franco, cell. 338-3546521. Prices (including breakfast): Single € 30. Double € 40. Triple € 60. The hotel is located 500 mt. from the railway station in Gozzano city centre, about 3 km from the start. [www.albergovalsesiana.it](http://www.albergovalsesiana.it)

**HOTEL NUOVA ITALIA:** Via Beltrami 19, 28024 Gozzano (NO). Tel. +39-0322-93774, Fax +39-0322-953154. Prices (including breakfast): Single € 40 (+ € 10 for the air conditioning). Double € 60 (+ € 10 for the air conditioning). The hotel is located 1 km from the railway station in Gozzano city centre, about 2,5 km from the start. [hotelnuovaitalia.blogspot.it](http://hotelnuovaitalia.blogspot.it)

**RISTORANTE PIZZERIA SEMPIONE:** Via Dante 16, 28024 Gozzano (NO). Tel. e Fax: +39-0322-94375. First and second course € 10 and pizza menu € 10. In Gozzano city centre, 500 mt from the station and 3 km from the start. [www.pizzeriasempione.it](http://www.pizzeriasempione.it) Email: [info@pizzeriasempione.it](mailto:info@pizzeriasempione.it)

**RISTORANTE NATURALBAAY:** Via alla Colonia, 28024 Lido di Gozzano (NO) Tel. +39 342 9755135

Starters, first course, second course and dessert € 25 <http://www.naturalbaay.com/ristorante/> Located in Lido di Gozzano, next to the start.

**USEFUL INFORMATION ADDRESS OF THE START LINE:** Via della Colonia, 28024 Gozzano (NO).

## HOW TO GET THERE.

**By car:** from Milan follow Motorway A8, then take the A26 to Alessandria, then continue in the direction of Gravellona Toce. Take the exit for Arona. Turn in the direction of Borgomanero, at the third roundabout follow the indications for Gozzano, Lago d'Orta.

**By train:** from Novara take the Novara-Domodossola line and get off at Gozzano railway station, which is 3,5 km far from the start (no taxi service).

**By plane:** The nearest airport is Milan Malpensa, about 40 km south of the Orta Lake. Here you can rent a car to reach Gozzano. There is NO DIRECT BUS SERVICE. The only available service is BUS STN at platform 12 of Terminal 1 with the following timetable: 8.05 - 10.00 - 12.00 - 15.05 - 16.00 - 17.00 - 20.05 - 21.05. This bus will take you to Novara bus station, where it is necessary to take an Autoservizi Comazzi bus for Gozzano or a train from Novara to Gozzano. Trains run approximately every two hours. <http://www.stnnet.it/novaramalpensa.html>

**On 31st July and 11th August** there will be a free shuttle service from Malpensa Airport to Gozzano for those who participate in the whole series of ten marathons. For reservations, call Paolo Gino, mobile: +39 3404525911

**CAMPING:** Parking area with 15 places for campers at km 6 of the Marathon, on the Orta Lake, at the outskirts of the town. With hygienic services, payment required. There is also a slide for boats and a small sandy beach.

At km 8 you can find Campeggio Castellania Del Lago D'Orta - Via M. Buonarroti, 10, 28010 Pella. Telefono: 0322 969298 It is possible to park the camper near the Start Line in Via della Colonia, 28024 Gozzano (NO).

Full details as well as the new regulations are available on [www.orta10in10.it](http://www.orta10in10.it). For further info or any query you may have, send an email to [presidente@clubsupermarathon.it](mailto:presidente@clubsupermarathon.it) (Object: 10in10).

Looking forward to meeting you on the Orta Lake!



Mail: [presidente@clubsupermarathon.it](mailto:presidente@clubsupermarathon.it) - [www.orta10in10.com](http://www.orta10in10.com)